

COVID-19 POLICIES

NBC CAMPS COVID-19 SAFETY PROCEDURES & REGULATIONS:

NBC CAMPS are committed to creating a safe and positive environment for all campers and staff. The information contained on this page is intended to inform our camper families about NBC CAMPS's safety policies relating to Covid-19.

In advance of our 2021 camp season, we are continuously monitoring .GOV guidance to ensure our policies reflect all current safety standards related to group gatherings and youth sports. As safety guidelines change, our policies and procedures listed below may change accordingly. As camp approaches, our team will be in communication with camper families regarding any updates and additional details will be provided by camp staff during orientation.

The following measures are in place to ensure the safety of campers, staff, and camper families. All participants will be asked to comply throughout the duration of camps—and any staff member, camper or camper family member who does not comply will not be allowed at camp.

- **COVID-19 screenings and disclosure:** NBC CAMPS staff and camper parents/guardians must sign the NBC CAMPS COVID-19 screening waiver before camp confirming the participant has not been sick or have reason to believe they have been exposed to COVID-19 within the 14 days prior to camp. All campers will be screened for symptoms each day. If a camper or staff exhibits symptoms or contracts COVID-19 during the camp or 14 days after, they are responsible for notifying the Camp Director immediately so that appropriate measures can be taken.

A full list of COVID-19 signs and symptoms can be found on the NSPCC website.

- **Adherence to government physical and social distancing/PPE guidelines:** All camp locations will adhere to local and regional guidelines on participant numbers, group sizes, face coverings and social distancing.

NBC CAMPS supports face coverings as a preventative measure and encourages all staff and campers to wear masks, even if not mandated. Staff and campers are required to provide their own masks.

- **Contactless check-in/check-out:** Parents must maintain 6-foot social distancing requirements during check-in and check-out times and avoid congregating in groups before, during and after camp. During this time, parents will not be permitted to stay and observe camps, except in special circumstances and if proper PPE is used.
- **Personal sanitation:** Staff and campers must frequently wash hands for at least 20 seconds with soap and water. When soap and water are unavailable, staff and campers will be required to use a hand sanitizer that contains at least 60% alcohol. NBC CAMPS will provide hand sanitizer as an extra precaution, but parents should provide campers with their own sanitizer which must not be shared with other participants.
- **Equipment sanitation:** Campers' personal equipment and belongings may not be shared and should be properly sanitized after every training session. Campers' backpacks and other belongings shall be spaced at least 2 feet apart during camp. We will minimize the use of shared equipment where possible—and all equipment will be sanitized frequently during camp.
- **Limiting physical interaction:** While we believe in the power of supporting teammates, high fives, fist bumps, hugs, and other camper-to-camper/ coach-to-camper contact will not be allowed unless training or competitive activity requires closer contact and are approved by camp staff following the regional and local guidelines. Sharing of food or drink is strictly forbidden. Snack and lunch breaks will be taken in groups adhering to regional and local guidelines for social distancing.
- Overnight accommodations will be operating with limited capacity, based on regional and local guidelines and facility policies.
- Campers will not be permitted to swap rooms during camp.
- Campers may be assigned to bubbles during their stay to minimize risks.

We are here to help make the camp experience safe and enjoyable. Parents are welcome to reach out with any questions. While we strive to provide the best answers possible, NBC Camps Directors and staff are

not authorised or qualified to provide medical or legal advice specific to a camper's symptoms or circumstances.

NBC Camps will follow COVID-19 social distancing and safety guidelines as set by the government. While we are taking every possible precaution, we cannot guarantee against exposure during camps. An inherent risk of exposure to COVID-19 exists in any public place where people are present.